



PATH FOUNDATION

2017-2018

# COMMUNITY REPORT

[pathforyou.org](http://pathforyou.org)



# our mission

The **PATH Foundation**  
strengthens the health and  
vitality of our community.





# Hello Neighbors & Friends

The PATH Foundation is excited to show you the impact of local projects we have been able to support in Fauquier, Rappahannock and northern Culpeper Counties over the course of 2018. In total, we invested over \$6 million in our community through various programs, holiday giving events, grants to local nonprofit organizations and community engagement initiatives.

Many new projects came to life, like the construction of safety enhancing curb extensions on Main Street in Warrenton. Meanwhile, established programs continued to thrive, such as Rappahannock County's Commit to be Fit and the telehealth initiative at the Fauquier Free Clinic.

Another major development was the completion of our new space at 321 Walker Drive in Warrenton. The PATH Resource Center occupies the second floor of the building, and includes the PATH Volunteer Hub, PATH Community Link and the Center for Nonprofit Excellence. Soon, the Fauquier Chamber of Commerce will be located there as well. We also provide office and meeting space for the Mental Health Association of Fauquier County and the Northern Piedmont Community Foundation, and offer space for organizations seeking meeting rooms.

We look forward to the new, valuable ways that we can strengthen health and vitality, while focusing on the four most urgent health needs in our community, as identified by our community health needs assessment:

access to health

mental health

childhood wellness

senior services

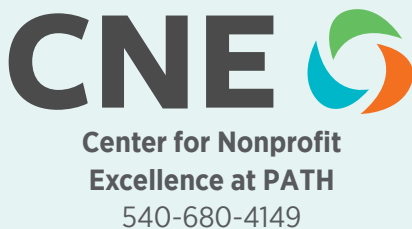
It is humbling to see the hard work that our local organizations invest in our community each day, and we are grateful for the opportunity to make meaningful impacts in our area.

Christy Connolly

PATH Foundation President and CEO

# Resource Center

The PATH Resource Center is a friendly one-stop shop for organizations serving Fauquier, Rappahannock and northern Culpeper Counties. The Resource Center offers free training, consulting and resources, to ensure that local organizations have the tools they need to maximize their impact. It also offers free meeting space, connects volunteers to local organizations in need of a helping hand, and helps residents meet their own needs by providing connections to hundreds of resources at both the local and national level.



**Center for Nonprofit Excellence (CNE):** CNE is a nonprofit resource organization that serves over 300 member organizations across central Virginia. While the main CNE office is in Charlottesville, the PATH Resource Center hosts two CNE staff members. These staff members provide consultations, technical assistance, education and resources to area organizations.

**PATH Volunteer Hub:** The Volunteer Hub connects volunteers with opportunities to serve local nonprofit organizations. The Hub also operates [letsvolunteer.org](https://letsvolunteer.org), a digital platform for volunteers to search and register for volunteer opportunities that fit their interests or skills. As of March 2019, 135 organizations and 2,090 volunteers were registered on the site.



**PATH Community Link:** The new Community Link connects members of the community with resources and services provided locally and, in some cases, nationally. You can call toll-free, Monday through Friday from 9 a.m. to 5 p.m. at 855-495-LINK (5465).

Located on the second floor of PATH Foundation headquarters on Walker Drive in Warrenton, the Resource Center operates Monday through Friday, 10 a.m. to 4 p.m. To reserve a meeting space, please visit [www.pathforyou.org](https://www.pathforyou.org) and click on “Resource Center.” To learn more about what the Resource Center can do for your organization, come by our office—walk-ins are always welcome!



# Resource Center by the Numbers



989

resources available  
to callers through  
PATH Community Link



711

volunteer needs  
fulfilled through users  
of letsvolunteer.org



477

participants in CNE's  
technical assistance consults,  
grant coaching sessions and  
workshops





# 2018 Internship Program



The PATH Foundation hired 12 students—the largest class yet—for its nine-week 2018 Summer Internship Program. Each intern worked directly for the PATH Foundation or partnered with an organization in the community that supports the PATH Foundation’s mission.

Every year, interns work together on a group project to support health and vitality in the community. Last summer, in response to a community listening tour, our intern team created the *Bealeton Café*, a coffeehouse that provided free refreshments, activities and an escape from the summer heat. They also created *Music in the Garden*, a garden concert and community gathering in the Remington Community Garden. These events successfully brought the community together in innovative ways.

## 2018 Interns

**Ta’Mia Carrier**  
Fauquier Habitat for Humanity

**Maggie Clinard**  
Fauquier Free Clinic

**Claire Downey**  
PATH Foundation

**Brandon Green**  
PATH Resource Center

**Bryce Harty**  
Culpeper County Parks and Recreation

**Elisabeth Heras**  
Warrenton Farmers Market

**Catie McCarthy**  
PATH Foundation

**Madeline McCombe**  
Mental Health Association of Fauquier County

**Chrissy Mohl**  
Rapp@Home

**Josh Racer**  
The Clifton Institute

**Katie Schmidtman**  
Virginia Preschool Initiative

**Sarah Thornhill**  
Commit to be Fit



# 2018 Grant Recipients



Afro-American Historical Association  
of Fauquier County (AAHA)

Aging Together

Allegro Community School of the Arts

Belle Meade Montessori School

Bull Run Mountains Conservancy

Cedar Lee Middle School

Culpeper County

Culpeper Development  
Community Corporation

Culpeper Wellness Foundation

Fauquier CADRE

Fauquier Community Child Care, Inc.

Fauquier County Government

Fauquier County Parks & Recreation

Fauquier County Public Schools

Fauquier County Public Schools -  
Student Services

Fauquier County Public Schools - VPI

Fauquier County Sheriff's Office

Fauquier Education Farm

Fauquier FISH

Fauquier Free Clinic, Inc.

Fauquier Habitat for Humanity

Foothills Forum

Foothills Housing Corporation

Friends of the Rappahannock

Girls on the Run Piedmont

Greater Piedmont Trauma Informed  
Community Network

Headwaters Foundation

Hero's Bridge

Kid Pan Alley

Land Trust of Virginia

Leadership Fauquier

Liberty High School

M.M. Pierce Elementary School

Mary Walter Elementary School

Mental Health Association  
of Fauquier County

Middleburg Montessori School

Northern Piedmont  
Community Foundation

Northern Virginia  
Therapeutic Riding Program

P.B. Smith Elementary School

Piedmont Dispute Resolution Center

Piedmont Symphony Orchestra

Rapp@Home

Rappahannock County Public Schools

Rappahannock County  
Recreational Facilities Authority

Rappahannock County Sheriff's Office

Rappahannock Goodwill Industries, Inc.

Rappahannock League for  
Environmental Protection

Rappahannock Nature Camp

Rappahannock Rapidan  
Community Services

RappU, Inc.

Saint James' Episcopal Church

Southeastern Alternative School

Special Love, Inc.

SpiritWorks Foundation

Taylor Middle School

The Clifton Institute

The McShin Foundation

The Plains Community League

Town of Warrenton

Verdun Adventure Bound

Warrenton Police Department

Warrenton Youth Sports Club

Windy Hill Foundation



# Grant Highlights



## FRESH

With a \$961,324 grant, Fauquier County Public Schools' multi-year FRESH program continued to elevate nutrition, exercise and after school enrichment throughout the school district. Since it was first established in 2016, FRESH has made a sizable impact on childhood wellness and nutrition, and has educated and inspired a community-wide culture of health.

## Commit to be Fit

Healthy classroom initiatives also continued in Rappahannock County with the Commit to be Fit program, funded with a \$250,750 grant. Through Commit to be Fit, Rappahannock students have access to healthier cafeteria options and action-based learning in classrooms. Community challenges also create positive change, and improve the overall climate of health and wellness in both schools and the larger community.

## Power of Produce (POP)

Last year, Fauquier FISH partnered with the Warrenton Farmers Market and Archwood Green Barn Farmers' Market to create the Power of Produce (POP) program. This coalition received \$25,000 from the PATH Foundation to support efforts to relieve food insecurity and to promote farmers markets' vitality by distributing vouchers to children and residents at several different locations, including public libraries and schools in Fauquier and Rappahannock Counties, the Fauquier Thrift Store and Fauquier FISH.

## BOB's Summer Adventure

Books on the Bus, also known as BOB, was part of a \$13,025 summer outreach program to engage children weekly with movement, music and literacy activities. Because BOB is a mobile learning environment, it brought childhood wellness activities to children all over Fauquier County, often within walking distance of their own neighborhoods.



# Grant Highlights



## Warrenton Farmers Market

As the Farmers Market thrives, Fauquier residents can enjoy increased economic and community vitality in Old Town Warrenton. With an award of \$9,315, the Town of Warrenton extended programming at the Farmers Market with more children's activities and healthy cooking demonstrations.

## Mobile E-STEM Project

With their \$3,750 grant, Friends of the Rappahannock created the Mobile E-STEM project. This project delivered environmental learning opportunities for students in the comfort of their own classrooms and gave teachers a variety of curricula options. Each classroom's experience was customized to fit existing lesson plans, meaning that students could get in touch with their environment in ways that resonated the most.

## I Voted! Sticker Design and Voter Education Program

Civic engagement is vital to a healthy community. Culpeper County had this in mind when they received a \$3,350 grant to create the "I Voted!" Sticker and Voter Education Program. Two students created winning sticker designs that were given to voters or future voters as they left the polls in Culpeper County. By creating fun new designs and connecting students with the election process, "I Voted!" encouraged both civic education and voter turnout.

## Synthetic Ice Rink

Cold weather can make outdoor recreation a challenge. Now, area residents have one more way to engage, thanks to the Fauquier County Parks and Recreation department's new synthetic ice rink. A \$24,689 grant from the PATH Foundation helped fund its building and installation. The rink is constructed with a synthetic material that doesn't depend on freezing temperatures and provides winter recreation opportunities for individuals of any ability or age.





# Grant Highlights



## Fauquier Free Clinic (Oral Healthcare and Telehealth Initiatives)

Connecting with affordable healthcare can be difficult, especially for low-income families or individuals in need of mental or oral healthcare. With an \$81,000 grant for oral healthcare and a \$306,000 grant for telepsychiatry, the Free Clinic was able to continue and expand their services in both initiatives, continuing towards their goal to create a community where everyone has the resources they need to be healthy.



## Circuit Rider Enhancements

Warrenton's Circuit Rider is making a big difference in how residents get around the area, thanks in part to a \$45,815 grant to the Town of Warrenton. The grant allowed for several improvements to the existing Circuit Rider system: a new, additional bus to create two loops and faster service; an extended schedule for 12 hours of operation; and a new stop at Lord Fairfax Community College for access to classes for students.

## Hero's Bridge Battle Buddy Program

Aging veterans often face difficulty in finding support or meeting their day-to-day needs. Hero's Bridge, a nonprofit based in Fauquier County, received a \$68,000 grant to establish training and resources for their new Battle Buddy Program. This program pairs younger veterans or vet-focused volunteers with older veterans in need. Over a 12-month period, the Battle Buddies become community health workers, bridging the gap for older veterans in need, and improving their quality of life.



## SpiritWorks Warrenton Recovery Center

The SpiritWorks Foundation delivers peer to peer substance use recovery programs and services to community residents of all ages and their family members. With a \$100,000 grant from PATH, SpiritWorks is bringing their day-time recovery meetings, trainings, and other rehabilitation programs to Warrenton.

# Grant Highlights

## Youth Mental Health First Aid

Recognizing and de-stigmatizing mental health issues is vital to ensuring wellness at any age, particularly for young people. The Mental Health Association of Fauquier County manages training for Youth Mental Health First Aid, a program that educates adults who interact with young people about the signs of mental health issues. So far, more than 1,300 area residents have been trained, creating more opportunities to help youth who may face mental health challenges.

## Girls on the Run is for Every Girl

Girls on the Run Piedmont, a nonprofit dedicated to teaching life skills, holistic health outcomes and good character, received a \$2,250 grant to fund a junior coaching program. In partnership with the Boys & Girls Club, Girls on the Run is providing services to club participants during their after-school program. By extending this programming and its accessibility, more girls can grow to be healthy and confident leaders, regardless of economic circumstances.

## Northern Virginia Therapeutic Riding Program Youth Leadership Development Program

The Northern Virginia Therapeutic Riding Program uses equine-assisted activities to help at-risk youth, people with disabilities, recovering military personnel and others in need realize their full potential. With a \$9,700 grant, they brought a 12-week, hands-on, equine-assisted learning program to youth, in collaboration with the Boys & Girls Club of Fauquier. Children interacted with Teddy, a miniature pony, as they learned valuable confidence and leadership skills.

## Project Lifesaver

The Rappahannock County Sheriff's Office was awarded a \$9,150 grant to establish Project Lifesaver. This initiative distributes radio transmitter devices that look like a typical wrist watch. These devices can be used to track the location of a person who may be prone to wandering due to dementia, Alzheimer's, autism or other cognitive disorders.





# Statement of Financial Position

Fiscal Year 2018  
October 1, 2017 - September 30, 2018

## ASSETS

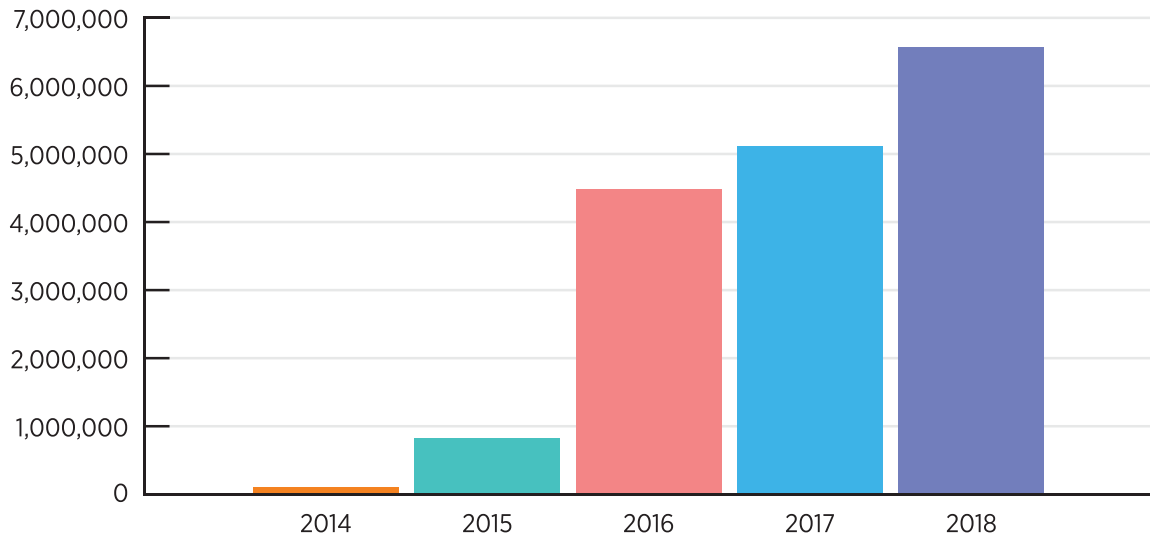
Current assets:		
Cash and cash equivalents	\$	3,031,950
Deposits and prepaid expenses		120,638
Accounts receivable		5,315
Total current assets		3,157,903
Property and equipment, net		8,167,052
Non-current assets:		
Investments, at fair value		236,384,038
Note receivable		5,970,609
Accrued interest receivable		138,726
Investments in affiliated enterprises		144,486
Other non-current assets		7,663
Total non-current assets		242,645,522
<b>TOTAL ASSETS</b>		<b>253,970,477</b>

## LIABILITIES AND NET ASSETS

Current liabilities:		
Trade accounts payable and accrued expenses	\$	493,616
Other non-current liabilities:		
Reserve liabilities		1,000,000
Total liabilities		1,493,616
Commitments and contingencies		
Net assets:		
Unrestricted		252,463,809
Temporarily restricted		13,052
Permanently restricted		-
Total net assets		252,476,861
<b>TOTAL LIABILITIES AND NET ASSETS</b>		<b>253,970,477</b>

# Community Investment Summary

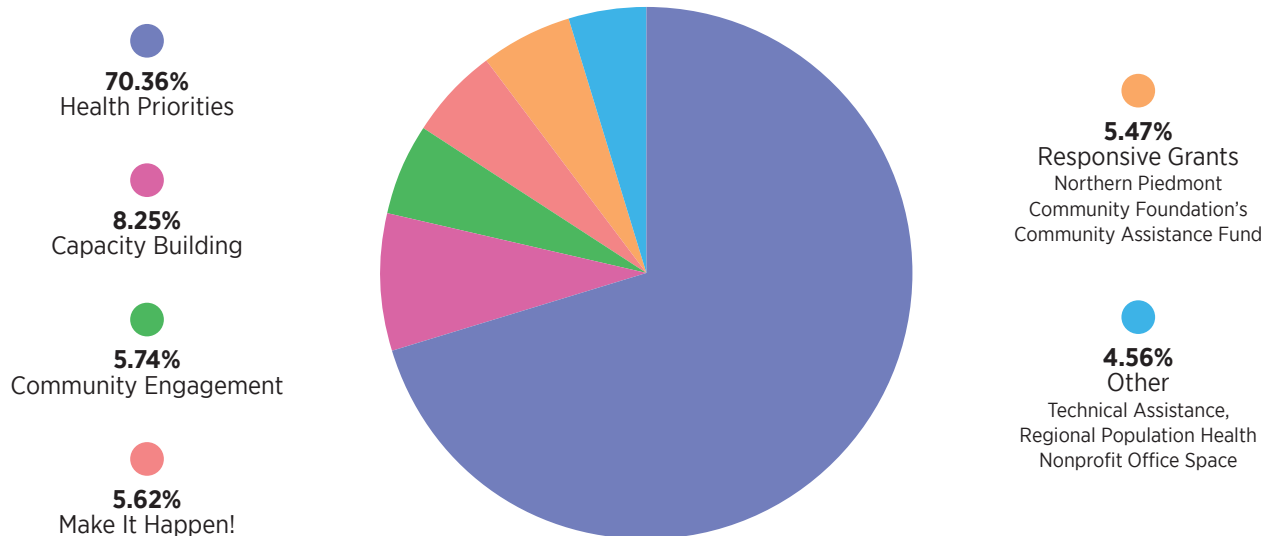
## YEAR OVER YEAR GIVING TOTALS



**TOTAL BENEFIT TO THE COMMUNITY \$16,972,456**

## 2018 GIVING ALLOCATIONS

**TOTAL \$6,458,233**





# Community Engagement

## High School Giving

The PATH Foundation awarded Fauquier, Culpeper and Rappahannock County high school seniors \$25 each to donate to local nonprofits registered with Give Local Piedmont, the fundraising campaign organized by the Northern Piedmont Community Foundation.

When students have a chance to engage directly with nonprofits, they recognize the benefits of philanthropy first-hand, and are able to contribute to causes they care about on a deeper and more personal level.

In all, 1,282 seniors in public and private schools donated \$32,050 to 122 organizations. Animal welfare organizations received more than 25 percent of funding, and of those, the Fauquier County SPCA was the top dog, receiving 133 donations.

## Holiday Scratch and Give

PATH Foundation got in the holiday spirit in 2018 with a Scratch and Give program—residents throughout Fauquier, Rappahannock and northern Culpeper counties had the opportunity to play holiday-themed scratch off tickets with a twist: the scratcher chose a local nonprofit organization to receive the ticket winnings! Fauquier County SPCA remained a popular choice among participants, and received the most donations.



## Let's Volunteer Day 2018

The PATH Volunteer Hub engaged more than 400 volunteers with 35 nonprofit organizations in April 2018 for the second annual Let's Volunteer Day. On this community-wide day of service, volunteers across the PATH Foundation footprint came together to make an impact with a variety of projects, from gardening to preparing emergency food kits.



# Community Engagement



## Dan Buettner

Dan Buettner, a National Geographic fellow and best-selling author, spoke at the second annual “PATH to Better” event, where he shared his findings on human longevity with residents of Fauquier, Rappahannock and Culpeper Counties. He presented his research on the diet and lifestyle of people who live in the world’s Blue Zones—areas where people historically live the longest and happiest lives. His most recent book, “The Blue Zones of Happiness,” discusses these zones, the importance of connectedness and the habits that keep their residents healthy.

## Chris Herren

“You need to know you’re good enough.” These are the words that Chris Herren, a former NBA player, spoke to over 3,000 Fauquier, Culpeper and Rappahannock County students. Herren’s struggle with drug addiction led him to connect with students about the importance of self-worth and avoiding behaviors that can lead to substance abuse. The PATH Foundation also hosted a free community forum for parents, grandparents and guardians, offering resources and guidance from local experts on substance abuse.



## Dr. Robert Putnam

Harvard professor and best-selling author Dr. Robert Putnam gave insight on opportunity gaps facing children today, discussing his book, “Our Kids: The American Dream in Crisis.” Putnam blended poignant life stories with social science research to demonstrate how communities can play a role in individual opportunity.



2018-2019  
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PATH FOUNDATION



The 2018 PATH interns enjoyed hosting the interns from South Carolina's J. Marion Sims Foundation for a site visit to share ideas and learn more about the work of each organization.



**PATH Foundation**

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**PATH Resource Center**

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540-680-4146 | [pathforyou.org/resourcecenter](http://pathforyou.org/resourcecenter) | [letsvolunteer.org](http://letsvolunteer.org)