



LIVE PLAY WORK GROW!

COMMUNITY SUPPORT
3-Year Review



PATH FOUNDATION

pathforyou.org



OUR MISSION:

The PATH
Foundation
enhances the
health and
vitality of our
community.

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Hello, Neighbors & Friends:

The PATH Foundation is excited to show you the ways we've been active in our community – and the ways we've been keeping our community active! We are a foundation located in Warrenton, Virginia, making community investments through grants and programs. Formerly known as the Fauquier Health Foundation, the PATH Foundation supports overall community wellness in Fauquier, Rappahannock and northern Culpeper counties. We conducted a community health needs assessment to determine our areas of focus. They are:

Mental Health Senior Services Childhood Wellness Access to Health

Through grants to local nonprofits and government entities, programs initiated by the PATH Foundation, and participation in community efforts, we strive to make our communities more vibrant for everyone.

“Having the ability to make a meaningful impact on the overall health of our community is very inspiring for our board and staff. We are energized by the great things already happening and excited for the future.”

– Christy Connolly, PATH Foundation President and CEO



Resource Center

The PATH Foundation and the Center for Nonprofit Excellence, based in Charlottesville, have partnered to bring a nonprofit resource center to the region. The **PATH Resource Center** offers free monthly workshops on nonprofit areas of interest such as governance, fundraising and strategic planning, targeted consulting to meet an organization's specific needs and goals, facilitated peer-to-peer learning circles for nonprofit professionals, free public access to the Foundation Center's online database of grantmakers, and supporting resource materials including books, templates, guides and toolkits. Contact Kadi Davis at kdavis@pathforyou.org for more information.

Volunteer Center

Let's Volunteer is a new program designed to match volunteers with nonprofits needing their help. Using an online system, volunteers can search needs in their area and sign up for activities that best fit their schedules, interests and skills. This might mean a one-time group project for a church youth group, an ongoing commitment for someone with a flexible schedule, or a way for students to find opportunities to fulfill their service hour credits. Sign up at letsvolunteer.org for activities that are the best fit for you!





These grants provided a high tunnel with greenhouse-like benefits to extend the farm's growing season and a new well for better irrigation of the garden.

The **Fauquier Education Farm** grows fresh produce for the benefit of area food banks, with more than 34,000 pounds harvested this year alone. Two separate Make it Happen! grants have helped to make their impact even greater. These grants provided a high tunnel with greenhouse-like benefits to extend the farm's growing season and a new well for better irrigation of the garden. Fresh fruit and vegetables to food banks mean fewer barriers to healthy food for those less fortunate.

Make it Happen!

Highlights

The **Warrenton Youth Sports Club** received a Make it Happen! grant for partial funding of outdoor volleyball courts at Athey Fields in Warrenton. The addition of local volleyball leagues – including adult leagues – gives another option for people interested in living an active life (and spiking the ball!).



A sense of community is important, and the **Remington United Methodist Church** combined this with access to healthy food by starting a community garden with funds from a Make it Happen! grant. Using church-owned land, a garden was developed with many free plots available for anyone interested. People involved with the garden were able to develop relationships with each other, offer tips and share produce.

Fauquier FISH wanted to make sure that their food donations over the holidays offered healthy choices to families. Using Make it Happen! grant money, they were able to provide fresh fruit and vegetables, along with a turkey for dinner. This effort resulted in nutritious food for 230 families on one very meaningful Saturday during the holiday season.



In Rappahannock County, the **Mental Health Association of Fauquier County** trained 81 school staff and 14 other community members in Youth Mental Health First Aid. This curriculum teaches youth-serving adults to recognize signs and symptoms of mental health concerns in youth so they can get the help they need. The PATH Foundation has also provided incentives to local schools, area nonprofits and churches to encourage Youth Mental Health First Aid training for their staff and volunteers. Fauquier County now has 550 community members trained, and we expect there will be many more.

Culpeper Parks and Rec has used Make it Happen! grants to improve options for outdoor activities at Spilman Park in the Jefferson-ton-Amissville area. First, they changed the turf on a large field to accommodate area sports teams' needs for more fields. Their second project at Spilman Park was the creation of a disc golf course for a fun alternative for outdoor activities.

Community Outreach

PATH to Better: Featuring Dolvett Quince

In September, the PATH Foundation hosted celebrity trainer and New York Times bestselling author Dolvett Quince for a day focused on wellness. Though Dolvett certainly provided those in attendance with a physical workout, he stressed the importance of strength of spirit as well. With almost 400 community members taking part in the event, the PATH Foundation also distributed free Fitbit® devices to remind people of the importance of living a balanced, healthy life.

Inspirational Talk: Featuring Wes Moore

Wes Moore, the New York Times bestselling author of *The Other Wes Moore*, spoke to students at Fauquier, Kettle Run and Liberty High Schools on the importance of decision-making. Recounting his struggles growing up, Wes shared his journey from a troubled teen to a Rhodes Scholar, veteran, White House Fellow and published author. Wes highlighted the relationship he developed with another man named Wes Moore, who grew up right around the corner from him in Baltimore, and whose life led to a very different fate after he participated in an armed robbery that resulted in the murder of a police officer. His message was one of hope, inspiration and encouragement to remind students that they can achieve big goals and dreams – even when it requires hard work or changing course.



400
COMMUNITY
MEMBERS

***“Be better than
yesterday.”***

– Dolvett Quince



Intern Program

In 2016, the PATH Foundation hosted nine college interns who call our area home. Six worked within the PATH Foundation offices, and three assisted other organizations (Leadership Fauquier, the Mental Health Association of Fauquier County, and the Fauquier County Community Development Office).

The interns learned not only about the PATH Foundation's work through participation in meetings and work on various programs, but they also gained skills in leadership and project management through focused weekly programs. These programs included redecorating and painting two residential rooms at Community Touch, Inc. Transitional Housing, a look at their individual leadership styles, and an ambitious group project to encourage people to get to know Warrenton.

The interns developed Walk Your Warrenton, based on the Walk [Your City] program, to encourage walking in Warrenton by identifying distances to parks, the library and more. Using #WalkYourWarrenton to identify the program, they met many people (and sometimes their dogs) who supported their effort. The group developed a website – walkyourwarrenton.org – created a video, and initiated a Facebook campaign to help give the program momentum.

Our summer 2016 interns included:

(Left to right) MacKenzie Earl, Camille Kartchner, Tyler McGilvery, Sara Knott, Lauren Groves, Nathan Krauss, Maddie Schauss, Shannon Simpson and Maggie Meadows



Overall investment in the community:

MORE THAN
\$3,650,000

Over \$330,000 to Northern Piedmont Community Foundation's Give Local Piedmont day since 2014, including a program to educate high school seniors on giving back to the community.

\$1,000,000 toward funding the Lord Fairfax Community College STEM-H Building to increase educational opportunities in health and allied fields.

\$500,000+ in funds to strengthen area nonprofits, including the formation of the PATH Resource Center and PATH Volunteer Center for the benefit of the nonprofit community.

\$350,000 in Make It Happen! grants that have funded 38 new and innovative projects in Fauquier, Rappahannock and northern Culpeper counties.

The remaining funds have gone to investments in grantmaking and programs for our four core areas of **Mental Health**, **Senior Services**, Childhood Wellness and **Access to Health**.

PATH Foundation

Grantees

Aging Together

Allegro Community School
of the Arts

Arc of North Central VA

Boys & Girls Club of Fauquier

Brumfield Elementary School

Child Care and Learning Center

Community Touch, Inc.

Culpeper County

Culpeper County Parks
and Recreation

Culpeper Soccer Association

Fauquier Community Child
Care, Inc.

Fauquier Community Food
Bank and Thrift Store, Inc.

Fauquier County 4-H

Fauquier County Community
Development

Fauquier County Department
of Social Services

Fauquier County Public Library

Fauquier County Public
Schools

Fauquier County Sheriff's
Department

Fauquier Education Farm

Fauquier Excellence in
Education Foundation

Fauquier FISH

Fauquier Free Clinic, Inc.

Fauquier Habitat for Humanity

Foothills Forum

Friends of the Rappahannock

Girls on the Run Piedmont

Headwaters Foundation

Healthy Culpeper

Hospice Support of
Fauquier County

John Marshall Soil &
Water District

Kettle Run High School

Leadership Fauquier

Liberty High School

Lord Fairfax Community
College

Marshall Middle School

Mental Health Association of
Fauquier County

MM Pierce Elementary School

Mountain Vista Governor's
School Foundation

National Capital Lyme
Disease Association

Northern Piedmont
Community Foundation

Partnership for Warrenton

PB Smith Elementary School

Piedmont Environmental
Council

Rapp at Home

Rappahannock County 4-H

Rappahannock County
Schools

Rappahannock-Rapidan
Community Services –
Behavioral Health

Rappahannock-Rapidan
Regional Commission

RappU

Remington Post 247 –
American Legion

Remington United Methodist
Church – for the Remington
Community Garden

Taylor Middle School

Town of Warrenton

Toys for Tots

Trinity Episcopal Church – for
creation of Rapp at Home
Senior Village Concept

Verdun Adventure Bound

VolTran

Warrenton Aquatic and
Recreation Facility

Warrenton Police Department

Warrenton Youth Sports Club

Windy Hill Foundation



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Grantee Spotlights:

Rapp at Home

An innovative program in Rappahannock County, Rapp at Home brings the concept of a senior village to area residents. Based on the principle of neighbors helping neighbors, Rapp at Home is a support organization created to help community members stay connected as they age. Members of Rapp at Home enjoy an array of social, educational and fitness programs, and they are eligible for assistance with transportation, grocery and prescription delivery, service needs and social outreach. Starting from scratch, Rapp at Home has developed a group of volunteers willing to help with a range of services for their growing membership of seniors in Rappahannock County.

Fauquier Free Clinic

The Fauquier Free Clinic received support to meet several healthcare needs through grants for general operations, expansion of dental services and the beginning of an innovative new telehealth program to meet mental health needs. With this technology, patients now have the opportunity to be evaluated for issues such as depression or anxiety. The Fauquier Free Clinic worked closely with the Mental Health Association of Fauquier County to investigate viable and credible options to meet these ever growing needs. As mental health is a core focus for the PATH Foundation, donating over \$370,000 for mental health services has been an important community investment.

OVER
\$3,650,000
invested in the
community



PATH FOUNDATION

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